ENCINITA'S IMPLEMENTATION PLAN

WELLNESS COMPONENT: Physical Activities

Policy Element: Each SWC, in coordination with the Student Lighthouse Team, will be responsible for developing at least one project related to promoting student wellness.

What will this look like?: The goal is that all students have the opportunity to participate in physical activity in a safe and health-promoting learning environment throughout the school year.

Funding (e.g., LCAP/ESSA/Other): N/A

PRIORITY	ACTIVITIES/STEPS: What needs to be done?	By When?	STATUS	RESPONSIBLE PARTY: Person(s)/Workgroup
X High □Medium	Identify Team Coordinator to be responsible for developing the dance project related to promoting student wellness.	August, 2018	X COMPLETED □IN PROGRESS	Name(s): Danelle Kisich (3rd grade teacher) Lis Hanachek (interim principal)
□Low	Recruit students on the team	September, 2018	X COMPLETED □IN PROGRESS	
	Together with the team, prepare a wellness plan promoting physical activities.	October, 2018	X COMPLETED □IN PROGRESS	Workgroup: Lis Hanacek (Interim
X Already in placed (school wide) districtwide	Wellness Plan: Two days a week, students in grades K-3 will participate in fitness dance outside for 10 min. at the first recess. Students in grades 4-6 will participate in fitness dance outside for 10 minutes twice a week at the second recess.	Beginning October, 2018 until the end of the school year in June, 2019	X COMPLETED □IN PROGRESS	Principal) Danelle Kisich Valarie Nanez-Rm. 10 Stephanie Manzano-Rm. 3 Alondra Macias-Rm. 8 Lena Le-Rm. 2 Dulcemaria Sotao-Rm. 16 Jacquelyn Chew-Rm. 9
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	How will this be monitored? The goal is that students at all grade levels (K-6) will sign in each		How often will monitoring take place? (e.g., weekly, monthly, annually)	To whom will results and/or updates be reported?
	session in which they attend. The PA WIG is that all student groups will prepare a fitness routines to perform for the school at an outside assembly during the month of June.		Monthly	Director, Nutr Svc & Wellness

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COMMENTS (Include here any indispensable financial, equipment or other resources):						
The PTA just approved the purchase of an outdoor sound system to be used to implement the physical activity Wellness Policy at Encinita.						